



Run Director

Manages the marshals on the run route, ensures accurate lap counting and mans Finishing post.

Specification:

Good Team Leader with strong organisational skills. Encouraging and motivating the competitors on their last stage of their event.

The Run Director is in charge of the third and final stage of the Triathlon. Having dropped off their bikes the competitors will need to run a certain number of laps and complete a run route which should be well marshalled and signposted. The Run Director is also in charge of the Finish post, collecting chip timing bracelets, handing out medals and refreshments.

Duties are to ensure:

- Correct signage is in place and marshals are positioned in relevant points
- Finish post is manned with medals and water for all competitors
- Collection of all chip timing bracelets and safe return of these to Race Timings Team.
- Where necessary place lap counters and final lap marshals to help guide competitors
- Crowd control to ensure spectators are not crossing in front of competitors
- First Aid reaches those who need it quickly and efficiently through good communication with the First Aid Team.
- On completion of the event, removal of all race signage and litter.

Team:

4 – 20 run marshals depending on scale of event.

1-2 First Aid Teams depending on size of event

Timings;

Run Director will need to have completed a check of all the signage prior to race start. All marshals should be in place a minimum of 15 minutes prior to race start. Marshals can begin removing signage after last runner has gone past their post.

