



# TRIATHLON

BODY IN MOTION  
2010 TRIATHLON SERIES



## Eastleigh Open Water Triathlon

Eastleigh Lakeside, Eastleigh, Sunday 12<sup>th</sup> September 2010

### Novice Time trial (15 years +) 0800 - First wave start Swim 200m (Open water) Cycle 10km Run 2.5k

(minimum age 15 as at 31/12/10) WETSUITS REQUIRED.

Please note Wetsuits are required for this event. This event is a timed event where all finishers will receive a medal and a total race time for their chosen distance.



Discounted entry for BTF members, Wessex Swim School staff, pupils, sponsors, armed forces and all those in the Scout and Guide associations.

#### Venue

Eastleigh Lakeside Park just off the A335 to Eastleigh from Junction 5 of the M27 and about 5 to 10 minutes walk from Southampton Airport (Parkway) railway station and Southampton Airport.

#### Course

An outdoor open water swim, followed by a flat lapped ride in the lake grounds for the Tri Star and Tri Starts then a traffic free run. For the novice/youth race a ride on roads in the vicinity of the lakes. Please note mountain or road bikes are suitable for all races.

#### Entry

Cashing of cheque confirms entry to the race. Withdrawals must inform us in writing – 70% refund given up to 19/08/2010. No refunds after that date. Email: [triathlon@thereesgroup.co.uk](mailto:triathlon@thereesgroup.co.uk) Tel: 02380 273657.

BTF members must produce a current TE, STA or WTA Race License at Registration. All entrants to BTF registered events are required to be members of the BTF, therefore the additional fee for non-BTF members shown below includes BTF day membership.

Full details of venue, course, start times and maps will be on [www.trytri.co.uk](http://www.trytri.co.uk) two weeks prior to the event. You will only receive printed details if you enclose 1 x A5 SAE

## Eastleigh Open Water Novice Triathlon

Eastleigh Lakeside, Eastleigh, Sunday 12<sup>th</sup> September 2010

Full Name.....

Address .....Post Code.....

Date of Birth .....Age on 31/12/2010.....

Please tick box where applicable Sex Male  Female

0800 Novice and Youths £32.00  (Discounted) £30.00

T-shirt size: S / M / L / XL Fully Paid BTF Member Yes/No.....If Yes TE, STA, WTA No. ....

BTF Club (if any) .....

Email address.....Tel No. (day).....

Please note as this is an Open Water swim all entrants have to be competent swimmers and be able to swim at least twice the distance in a pool. WETSUITS ARE REQUIRED FOR THIS EVENT.

#### Disclaimer

I declare that I will abide by the Rules of the British Triathlon Association (details of which are published on [www.britishtriathlon.org](http://www.britishtriathlon.org)). I accept that taking part in this event is by its nature hazardous and contains certain inherent risks. I agree that I participate entirely at my own risk and accept that the BTA, its agents, the event organisers and their associates are not liable for any loss, damage, claim, expense injury or accidents which may arise as a consequence of my negligence at this event. I will swim/cycle/run with care and attention, abiding by the normal rules of the Highway Code and remain responsible for my own property. I am in good health and have done sufficient training to safely complete the course.

ReesLeisure



Signature.....Date.....

(of parent if under 16)

Cheques payable to: Tri Team Wessex. The cashing of your cheque confirms entry into the race.

Return to: Tri Team Wessex, 100a Winchester Road, Chandlers Ford, Hampshire SO53 2GJ